

## GASTROENTEROLOGY CARE

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### EGD/Endoscopic Ultrasound/ERCP

#### **NO SOLID FOODS AFTER MIDNIGHT**

YOU MAY HAVE CLEAR LIQUIDS ONLY UP TO 4 HOURS PRIOR TO YOUR ARRIVAL.  
**NOTHING RED OR PURPLE, NO ALCOHOL, NO DAIRY PRODUCTS.**

- ▶ DO NOT TAKE ASPIRIN, IRON OR VITAMINS PLUS IRON FOR 5 DAYS PRIOR TO THE PROCEDURE.
- ▶ STOP PLAVIX, PRADAXA, XARELTO, EFFIENT OR BRILINTA 5 DAYS PRIOR TO YOUR PROCEDURE.
- ▶ DO NOT TAKE COUMADIN OR WARFRIN 3 DAYS PRIOR AND STOP ELIQUIS 2 DAYS PRIOR.

**\*\*\*PLEASE CONTACT YOUR PRESCRIBING PHYSICIAN BEFORE INTERRUPTION OF MEDICATION.**

#### MEDICATIONS

Take your medications for Blood Pressure, Heart, Anxiety, Seizure and Asthma/Lung the morning of your procedure with just enough water to get the medication down, less than 3 ounces. Bring Inhalers with you. If you are Diabetic, DO NOT take your pills the morning of your procedure. For Insulin, take half of your usual dose the day before, then none on the day of your procedure. **Check your blood sugar the morning of your procedure. If it is high, call our office so we can give individual instructions.** If you are on dialysis, you must be dialyzed the day before your procedure.

**\*\*IF YOU ARE BEING FOLLOWED BY A CARDIOLOGIST, HAVE HAD A RECENT HEART TEST, AND/OR ARE SCHEDULED TO HAVE ONE DONE, PLEASE LET OUR OFFICE KNOW AS ANESTHESIA REQUIRES THIS INFORMATION.**