

Clenpiq

PLEASE FOLLOW OUR INSTRUCTIONS

TO PREPARE FOR YOUR PRODECURE

On the morning of _____ start a clear liquid diet. Such as: Water, Flavored water, Apple Juice, **White** Grape Juice, Lemonade, Ginger Ale, Soda, Diet or regular, (7-UP, Mountain Dew, Sprite, Coke or Pepsi), Coffee (no milk or creamer) (sugar ok) Tea, Gatorade, Chicken or Beef (broth or bouillon) Jell-O, Popsicles. **You cannot eat or drink anything red or purple. Please do not eat solid food, or drink any liquid with pulp, alcohol, or milk products.** This includes BREAKFAST, LUNCH, AND DINNER.

Please avoid seeds, nuts, popcorn, raw fruit and raw vegetables for 2 days prior to your prep date.

DO NOT DRINK ANYTHING 4 HOURS PRIOR TO YOUR PROCEDURE

First Dose:

At 5:00 pm on _____

Step 1: Drink First bottle of Clenpiq

Step 2: You must drink (5) more 8oz containers of water over the next 5 hours

(You may use any "Acceptable" liquid listed above in place of water)

Step 3: Drink ALL of the liquid in the container

Second Dose:

At _____ on _____

Step 1: Drink Second Bottle of Clenpiq

Step 2: Drink (3) more 8 ounce of clear liquids over the next 2 hours

IF YOU GET THE PLAIN LABEL.... **Generic (Peg 3350, Go-lytely)** Mix this prep in the morning before your procedure and refrigerate. You will also need to purchase **2 DULCOLAX laxatives** and take them both at 2 pm on the day before your procedure. At 5:00 pm you will drink 8 oz. every 10-15 minutes of mixed solution until half of the container is empty.

At _____ on _____ you will drink the remaining half of the solution, again 8oz every 10-15 minutes until container is empty. **DO NOT ADJUST THESE TIMES.**

MEDICATIONS

Do not take NSAIDS, Iron, vitamins plus Iron for 5 days prior to your procedure. Stop Plavix, Pradaxa, Xarelto, or Brilinta 5 days prior to your procedure. Do not take Coumadin or Warfarin 3 days prior and stop Eliquis 2 days prior*. **Take your medications for Blood Pressure, Heart, Anxiety, Seizure, and Asthma/Lung the morning of your procedure with just enough water to get the medication down, less than 3 ounces.** Bring your Inhalers, (C-PAP, B-PAP optional) with you. If you are Diabetic, DO NOT take your pills the morning of the procedure. For Insulin, take half of your usual dose the day before, then none on the day of your procedure. If you are on dialysis, you must be dialyzed the day before your procedure.

***Please contact your prescribing physician before interruption of your medications**

**** IF YOU ARE BEING FOLLOWED BY A CARDIOLOGIST, HAVE HAD A RECENT HEART TEST, AND/OR SCHEDULED TO HAVE ONE DONE, PLEASE LET OUR OFFICE KNOW AS ANESTHESIA REQUIRES THIS INFORMATION.**